

**Rhonda Karg, Ph.D.**  
*Solution-Based Psychological Services*

5836 Fayetteville Road #104  
Durham, NC 27713

Telephone: (919) 572-0000  
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**Clinical Services Include:**

Individual therapy  
Couples therapy (for married and non-married partners)  
Therapy groups  
Family therapy  
Psychological and educational evaluations  
Substance abuse evaluations

Visit my website for articles on: healthy lifestyle, and children/teens & parenting.

**Evaluation Services Include:**

**Academic Evaluations for Children, Teenagers, College Students and all Adults** (for diagnostic clarification and the most targeted planning for successful treatment interventions; also, meets all state and national standards so final report can be used to request accommodations in school/academic settings)

- IQ Testing: To determine academic strengths and weaknesses; also identifies giftedness and mental retardation
- Achievement Testing: To determine mastery of specific subjects
- AD/HD Testing: To determine the presence of Attention-Deficit/Hyperactivity Disorder
- Learning Disabilities Testing: To determine the presence of a learning disorder
- Full Psychoeducational Testing: All of the above plus ruling out the influence of mental health conditions
- Readiness for Kindergarten Testing (for preschool children): To determine whether your child meets eligibility criteria for early entry

**Psychological Evaluations for Children, Teenagers, College Students and all Adults** (for diagnostic clarification and the most targeted planning for successful treatment interventions)

- For children/teens: Testing to help understand what your child or teen is thinking and feeling, whether he or she is experiencing emotional/behavioral problems, and why he or she acts out.
- For adults: Emotional and personality testing to better understand thoughts, feelings, and behaviors.

**Substance Abuse Evaluations and Forensic Evaluations for all ages (see my website for more specific, in-depth info)**

**Separation & Divorce Services Include:**

*I respectfully encourage you to consider couple's therapy before moving forward with divorce. If you have decided with certainty to divorce, below I offer a sensible approach to a difficult life transition, one that protects the emotions and dignity of the adults and children involved.*

The Center for Separating With Civility & Divorcing with Dignity®

**Divorce is difficult. We can help.**

**Unique. Comprehensive. Expert. Dignified.**

**A Service Set and Mind Set for Preserving the Well-Being of Individuals and Families.**

**The only Center in the Triangle.**

At The Center for Separating with Civility & Divorcing with Dignity®, our goal is to help facilitate your divorce process so that you (1) can be confident that you have the highest quality divorce experts attending to your needs, and (2) minimize stress for yourself and any children you may have. A Service Set: The highest quality divorce experts, covering every aspect of divorce: legal, financial, children; with service choices to fit each unique family. A Mind Set: Dedicated to, and experienced in, keeping stress to a minimum and keeping the process as amicable as possible under the circumstances.

Visit my website for articles:

The A,B,Cs and 1,2,3s of Helping Children Through the Divorce Process

Dealing with Divorce: 10 Tips to Protect Your Kids

The Unique Role of the Child Specialist in Divorce

The Role of the Psychologist in Divorce: Ways We Can Help

(new articles added regularly)

**Therapy Related to Divorce**

*One of Dr. Karg's specialty areas is brief, solution-focused life transition counseling for separation and divorce. In addition, she is an expert in motivational interviewing for health behaviors (exercise, healthy eating, etc.), all self-care areas which have an important impact on managing emotions and clear thinking during the separation and divorce process. Dr. Karg provides interventions for depression and anxiety, including reactions to loss/life transitions, trauma, and family conflicts, all often present in divorce. Her finely tuned skills in motivation make her highly sought out by people going through during difficult times. She also has a strong specialty in all addictive behaviors, and is an excellent resource if substance abuse, or other addictive behaviors such as gambling, pornography, Internet relationships, shopping/spending, etc., have been issues that contributed to the decision to separate and divorce.*

For adults: To help deal with emotions related to this difficult life transition

For parents: To learn how to best help your children during this time

For children: To cope with parental conflict, or with the divorce in general

For families or stepfamilies: To cope with a divorce, to ease transitions to a new stepfamily, and to develop healthy stepparent and stepsibling relationships